Sumter County Health Department Locations

Bushnell

352-569-3102

415 East Noble Avenue

Bushnell, FL 33513

Wildwood

352-689-6520 104 Rutland Street

Wildwood, FL 34785

The Villages

352-689-4675

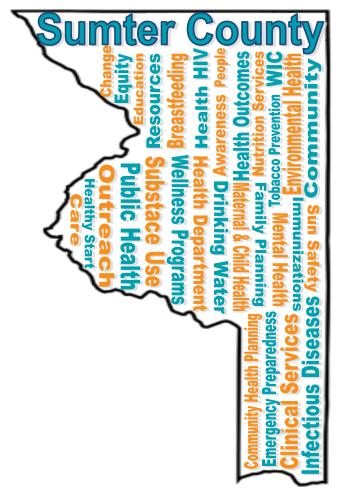
8015 E C-466

The Villages, FL 32162

Sumter.FloridaHealth.gov

Revised June 2020







Presented by Sumter County Health Department and Sumter C.A.P. 2020



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Community Programs Spotlight Early Learning Coalition of the Nature Coast School Readiness Program

The School Readiness Program offers financial assistance to low-income families for early education and care so families can become financially self-sufficient and their young children can be successful in school in the future. Services vary based on individual need and range from extended day to extended year and school-age care.

The program takes into account a child's physical, social, emotional, and intellectual development; involves parents as their child's first teacher; prepares children to be ready for school; and gives parents information about child development and other topics of interest.

School Readiness programs provide developmental screenings for children and referrals to health and educational specialists, and work in cooperation with other programs for young children.

To apply online, visit familyservices2.floridaearlylearning.com

Voluntary Pre-K Program

Voluntary Prekindergarten (VPK) began as a constitutional amendment passed by Florida voters in November 2002 and signed into law January 2, 2005. It is designed to prepare every four-year-old in Florida for kindergarten and build the foundation for their educational success. The VPK program gives each child an opportunity to perform better in school and throughout life with quality programs that include high quality standards, accountability, appropriate curricula, substantial instruction periods, manageable class sizes, and qualified instructors. All eligible four-year-olds are entitled to participate in one of the VPK program options.

352-793-5430 617 S US Hwy. 301, Suite E Sumterville, FL 33585



Community Programs Spotlight

Goodwill BookWorks Literacy Program

Since 1999, the aim of Goodwill's BookWorks program has been to get books into the hands and homes of children who otherwise may not have the opportunity to have them. Dedicated volunteers read to children at Head Start centers and other locations and present each child with a personalized book to take home. BookWorks also helps get books to elementary-aged students at schools in need, operating from Book Rooms in Clearwater, Wildwood and Sebring.

> 352-643-2000 11954 County Road 105 Oxford, FL 34484

Youth and Family Alternatives CINS/FINS Program-Family Help

The Florida Legislature passed a law (Chapter 984, F.S.) that provides help to Children In Need of Services (CINS) and Families in Need of Services (FINS). These programs are open to children age 6-17 years old and their families. The Florida Department of Juvenile Justice (DJJ) funds and supports these counseling programs to keep kids out of serious trouble.

Young people who are runaways, habitually truant, ungovernable (do not obey their guardians) or homeless – and their families – can receive free services to improve their behaviors, resolve conflicts effectively and start communicating again.

> 352-527-8011 Main Office Location 715 S Adolph Point Lecanto, FL34461

This program works in Sumter County, please call for more information.

Health Department Services

Clinical and Nutrition	Environmental Health
Breast and Cervical Cancer Screenings	Animal Bites & Rabies Investigation
Family Planning	Biomedical Waste
HIV & AIDS Testing and	Drinking Water Well Testing
Treatment	Group Care Facilities
Immunizations	Indoor Air / Radon
Pre-Exposure Prophylaxis (PrEP)	Mobile Homes, RV Parks, and Camps
Sexually Transmitted Diseases (STDs)	Onsite Sewage Disposal
School Health	Public Pools & Spas
Tuberculosis	Sanitary Nuisances
Women, Infants, & Children	Super Act
(WIC)	Tanning, Tattoo, & Body
Community Health	Piercing Facilities
Child Passenger Safety	Disease Control & Prevention
-	Prevention
Child Passenger Safety	
Child Passenger Safety Educational Presentations	Prevention
Child Passenger Safety Educational Presentations Falls Prevention	Prevention Epidemiology School Health Services Immunization and Physical
Child Passenger Safety Educational Presentations Falls Prevention Health Wise Prize	Prevention Epidemiology School Health Services Immunization and Physical Exam Documentation
Child Passenger Safety Educational Presentations Falls Prevention Health Wise Prize Healthiest Weight	Prevention Epidemiology School Health Services Immunization and Physical Exam Documentation Health Screenings
Child Passenger Safety Educational Presentations Falls Prevention Health Wise Prize Healthiest Weight Sumter Molar Coaster	Prevention Epidemiology School Health Services Immunization and Physical Exam Documentation Health Screenings School Health Clinics
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Child Passenger Safety Educational Presentations Falls Prevention Health Wise Prize Healthiest Weight Sumter Molar Coaster Sumter M.O.M.S. Swim Safe Sumter	Prevention Epidemiology School Health Services Immunization and Physical Exam Documentation Health Screenings School Health Clinics School Health and Wellness Advisory Committee (SHWAC)
Child Passenger Safety Educational Presentations Falls Prevention Health Wise Prize Healthiest Weight Sumter Molar Coaster Sumter M.O.M.S. Swim Safe Sumter Tobacco Prevention	Prevention Epidemiology School Health Services Immunization and Physical Exam Documentation Health Screenings School Health Clinics School Health and Wellness Advisory Committee (SHWAC) Vital Statistics
Child Passenger Safety Educational Presentations Falls Prevention Health Wise Prize Healthiest Weight Sumter Molar Coaster Sumter M.O.M.S. Swim Safe Sumter Tobacco Prevention Emergency Preparedness	Prevention Epidemiology School Health Services Immunization and Physical Exam Documentation Health Screenings School Health Clinics School Health and Wellness Advisory Committee (SHWAC)
Child Passenger Safety Educational Presentations Falls Prevention Health Wise Prize Healthiest Weight Sumter Molar Coaster Sumter M.O.M.S. Swim Safe Sumter Tobacco Prevention Emergency Preparedness & Response	Prevention Epidemiology School Health Services Immunization and Physical Exam Documentation Health Screenings School Health Clinics School Health and Wellness Advisory Committee (SHWAC) Vital Statistics

Abuse and Children's Services

Handwashing

Domestic and Sexual Abuse

Lake/Sumter Rape Crisis Center 24/7 Sexual Assault Hotline: 352-483-2700

Office of the State Attorney Fifth Judicial Circuit of FL 352-569-6650 110 NW 1st Ave Ocala, FL 34475

The Haven of Lake and **Sumter Counties**

Office Number: 352-793-5365 24/7 Domestic Abuse Hotline: 352-753-5800 24/7 Sexual Assault Helpline: 352-787-1379 2748 County Road 470 Lake Panasoffkee, FL 33538

Substance Abuse

Celebrate Recovery:

Wildwood United Methodist Church 352-748-1275 300 Mason St Wildwood, FL 34785

Lake Panasoffkee United Methodist Church 352-793-3438 589 County Road 470 Lady Lake, FL 33538

Oxford Assembly of God 352-748-6124 12114 US-301 Oxford, FL 34484

LifeStream Behavioral Center 352-793-4126 119 N Market St Bushnell, FL 33513

LifeStream Mobile Crisis Team * 352-446-2680 *Come to Sumter County to provide services*

Lake and Sumter Alcoholics Anonymous 352-360-0960 2113 Citrus Blvd A Leesburg, FL 34748

Narcotics Anonymous 352-754-7200 Multiple Locations

Car Seat Programs

Early Learning Coalition of the Nature Coast * 352-563-9939 x235 617 S US Hwv. 301. Suite E Sumterville, FL 33585

Sumter County Health Department 352-569-3102 415 E Noble Ave Bushnell, FL 33513

Stop Germs! Wash Your Hands.

When?

- · After using the bathroom
- · Before, during, and after preparing food
- · Before eating food
- · Before and after caring for someone at home who is sick with vomiting or diarrhea
- · After changing diapers or cleaning up a child who has used the toilet
- After blowing your nose, coughing, or sneezing
- · After touching an animal, animal feed, or animal waste
- After handling pet food or pet treats
- After touching garbage

How?

Wet your hands

with clean.

running water

(warm or cold).

turn off the tap.

and apply soap.



Lather your

them together

with the soap.

Be sure to lather

hands, between

your fingers, and

under your nails.

the backs of your

hands by rubbing



Scrub your

20 seconds.

Need a timer?

Birthday" song

from beginning

to end twice.





Rinse hands hands for at least well under clean, running water. Hum the "Happy

Dry hands using a clean towel or air dry them.

Keeping hands clean is one of the most important things we can do to stop the spread of germs and stay healthy.



www.cdc.gov/handwashing



CS310027-A

This material was developed by CDC. The Life is Better with Clean Hands Campaign is made possible by a partnership between the CDC Foundation, GOJO, and Staples. HHS/CDC does not endorse commercial products, services, or companies.

Safe Prescription Drug Disposal



Safe Prescription Drug Disposal

Sumter County provides DRUG DISPOSAL BOXES in four locations for your unused prescription & over-the-counter drugs.

SUMTER COUNTY SHERIFF'S OFFICE

Bushnell 50 East McCollum Ave., 33513

> The Village Annex 8033 East CR 466 Lady Lake, 32159

Wildwood 7361 Powell Road, 34785

WILDWOOD POLICE DEPARTMENT 3939 County Rd 462 East-34785

Nearly 70% of people addicted to Rx pain killers got them from a friend or family member.

Keep loved ones safe and help prevent medication left or misuse of unused prescription drugs by safely disposing of them.

Sumter County Drug Disposal Boxes, which are located in the lobby of your local law enforcement offices, provide a FREE, ANONYMOUS and SAFE disposal solution.

Safe Disposal: • Use one of the community's safe medication disposal boxes. • Do not flush down the

• Do not hush down the toilet—medication can enter the water system, aquifers, and oceans through flushing.

Find more information at SumterCAP.org An initiative of E3 Family Solutions, Inc.

Children's Services and Employment

Sumter County Sheriff's Office *

352-566-1624 250 E McCollum Ave Bushnell, FL 33513

These organizations offer safe, new car seats at low cost. Please call to see if you qualify.

Child Welfare

Children's Home Society * 352-732-1355 226 NE Sanchez Blvd Ocala, FL 34470 *Come to Sumter County to provide services*

Community Action Team 352-343-0752 1300 S Duncan Dr. Tavares, FL 32778

Department of Children

and Families 352-330-2162 901 Industrial Dr Wildwood, FL 34785

Kids Central, Inc.

Foster Care & Adoption, Resource Center 352-873-6332 901 Industrial Dr #200 Wildwood, FL 34785 Neighborhood Project 352-748-1354 336 S Main St Wildwood, FL 34785

Employment

Ameliorate Professional Services Phone Service Only 352-204-9078 888-205-6456

CareerSource Central FL

407-531-1222 Lake Sumter State College Campus *Career & Adult Education* 1425 CS 526A Room 3103 Sumterville, FL 33585

Foundation Building 9909 US 441 Leesburg, FL 34788

Goodwill Job Connection Centers 352-323-1847 10600 US Hwy 41 Leesburg, FL 34788

Mid Florida Community Services: Family Self Sufficiency Program By Appointment: 352-793-6111 410 E Belt Ave Bushnell, FL 33513

Employment and Early Education Centers

Employment Continued

Employ FL Marketplace www.employflorida.com

US Jobs http://us.jobs

Early Education Centers

Abundance of Joy Learning Center 352-569-8036 1536 N West St Bushnell, FL 33513

Abundance of Joy Learning Center Phase II 352-569-4974 106 S Main St Bushnell, FL 33513

Baker Family Day Care Home 352-207-0262 Call for address

Bright Futures Early

Learning Academy, Inc 352-748-3109 805 Hence Rd Wildwood, FL 34785

Bullfrogs and Butterflies

102 S Highland St Bushnell, FL 33513 352-793-8815

Child Care 2000, Inc

352-748-0019 805 S Main St Wildwood, FL 34785 FBCLP Child Care Center 352-793-3900 802 N CR 470 Lake Panasoffkee, FL 33538

First Baptist Weekday Preschool 352-748-6155 402 Oxford St Wildwood, FL 34785

First Steps Child Care Center LLC 352-444-2940 5836 US 301 Bushnell, FL 33513

Greene Family Day Care Home 352-748-8125 PO Box 82 Coleman, FL 33521

L.J. Hannah Center for Learning Inc. 352-748-0438 9677 CR 229 Wildwood, FL 34785

Little Buffalo Learning Center 352-259-6876 560 Fieldcrest Dr The Villages, FL 32162

Luv N Hugs Learning Centers 352-748-4900 610 & 614 Jackson St Wildwood, FL 34785



Sumter C.A.P.

Safe Use - Safe Storage - Safe Disposal - Did you know? 18.9 million people report misusing Rx medications and the most common source of misused medications is a friend or family member. Sumter C.A.P. provides the following drug deactivation resources to community members: Dispose Rx and

Deterra Bags. Proper disposal of unwanted medications helps prevent harm to the environment from flushing and the possibility for misuse from tossing it into the trash.



Compliance Checks & Responsible Vendor

Training (RVT) - Sumter C.A.P. Drug Free Coalition partners with local law enforcement agencies and the Bureau of Alcoholic Beverages & Tobacco regarding stores that may be out of compliance and

selling to minors. Sumter C.A.P. encourages vendors to participate in the Responsible Vendor Training (RVT) program, free to all Sumter County Alcohol & Tobacco vendors, on how to comply with the laws that govern alcohol service and tobacco sales.

Social Norms Campaigns:



No alcohol. No dope. Friday Night Done Right - Event platform DONE BIGHT By providing local "events" that are in an Alcohol and Drug-Free environment, teens are able to make positive and healthy choices by

staying safe, and voiding risky behaviors. Friday Night Done Right events are held in conjunction with the Sumter County Schools, Sumter Youth Center, local churches and other venues.



Red Ribbon Campaign - Red Ribbon Week is an alcohol, tobacco, and other drug and violence prevention awareness campaign observed annually in elementary, middle and high schools across the country. It began as a tribute to fallen DEA special

agent, Enrique Camerena, in 1985. Sumter C.A.P. provides prevention presentations to 5th grade students in Sumter County Schools.



Sumter C.A.P. Impact Team — The Impact Team is a Teen Council Coalition that work closely with community members and organizations to educate and empower teens to make healthy decisions and actions against alcohol, tobacco and drug use.

Twice a year the students engage in a Community Leadership Day where they meet to discuss prevention campaigns and visit local coalition partners.

Sumter C.A.P.

The Sumter Community Action Partnership (C.A.P.) is a Drug Free Coalition which works collaboratively with community partners to develop, implement, and promote innovative, sustainable substance free prevention strategies, as well as to educate families within Sumter County, to ensure a safe, substance free, and healthy environment for all of our teens and families. Sumter CAP utilizes environmental strategies and evidence-based practices as well as social norms campaigns.

Environmental Strategies & Evidence-Based Practices:



Know the Law - An educational program that teaches youth the consequences of making poor decisions, and the power of making good decisions. The campaign works to teach youth and parents a better understanding of the law to avert youth from unlawful behavior.

"HIDDEN IN PLAIN SIGHT" LOOKS CAN BE DECEIVING" A Traveling Exhibit & Program

Hidden in Plain Sight - This is an educational dis play that offers adults an insight into what youth may be hiding in their rooms. This interactive exhibit is a replica of a teenage bedroom that parents can walk through to learn how to recognize clues signaling potential involvement in drugs and risky behaviors visible in plain sight ealed in everyday items and seemingly ordinary

or easily concealed in everyday items and seemingly ordinary belongings in the room.



No One's House - A reminder to parents about Underage Drinking issues. This campaign focuses on letting parents know: (1) it is illegal to serve alcohol to minors, (2) if you keep alcohol in your home, make sure it is locked up and supervised, (3) if your child visits someone else's house, communicate to them it is not okay for teens to drink. It is everyone's responsibility when it c comes to Teen Drinking, and No One's House is a place for teenage drinking.

Environmental Scans - The purpose of the Environmental Scans is to review how much advertising concerning drugs and alcohol there is outside and inside the stores, and also to monitor the availability of items to youth and how they are presented and marketed to youth.



Early Education Centers

Mid Florida Community Services: Head Start 352-793-3737 403 Lincoln St Bushnell, FL 33513

352-748-6677 610 N Jackson St Wildwood, FL 34785

Mus Family Daycare LLC

352-748-0517 507 Mill St Wildwood, FL 34785

Rainbow Child Care Center

of Webster, Inc. 352-568-7622 324 N Market Blvd Webster, FL 33597

Ram in the Bush, Inc. 352-793-1633

6866 S Bradley St Bushnell, FL 33513

Sumter Christian School Press

352-793-2358 2210 CR 528 Sumterville, FL 33585

Sumter County School Board Early Learning Academy 352-748-1510 200 Cleveland Ave Wildwood, FL 34785 Sunflowers Early Learning Academy 352-748-1242 310 Barwick St Wildwood, FL 34785

The Hobby Horse 352-793-5777 321 NL awronce Ct

321 N Lawrence Ct Bushnell, FL 33513

The Hobby Horse Day Care II 352-793-4000 2024 N County Rd 470 Lake Panasoffkee, FL 33538

The Keys to Knowledge Learning Academy

352-569-1237 1034 N Main St Bushnell, FL 33513

The Villages Early

Childhood Center 352-259-7161 510 Old School Rd The Villages, FI 32162

Financial Services

Financial Services

ACCESS Florida

Contact Mon - Fri, 8:00 - 5:00 1-866-762-2237 1-800-955-8771

AARP Tax Aide: Lake Panasoffkee Library (T) 352-578-1156 1500 CR 459 Lake Panasoffkee, FL 33538

Assurance Wireless (C) 1-888-321-5880 Online Services

House of Hope (MA) ** 352-748-0338 4738 NE 49th Blvd Wildwood, FL 34785

Kids Central Wildwood

Neighborhood Project ** 352-748-1354 336 S Main St Wildwood, FL 34785

Mid Florida Community

Services (EA) 833-232-1752 101 East Dade Ave Bushnell, FL 33513

Mid Florida Community

Services (P, R, UD) By Appointment: 352-796-1425 102 East Dade Ave Bushnell, FL 33513 Financial Services can fall under many categories, please use the following guide to quickly find a specific service:

C = Cellphone EA = Energy Assistance M = Mortgage P = Prescriptions R = Rent T = Taxes UD = Utility Deposits W = Water MA = Medicaid Assistance

Parsons Circle Community Outreach Inc. ** 352-568-0580 138 Bushnell Plaza, Suite 103-anc Bushnell, FL 33513

St. Vincent de Paul Catholic Church (EA, M, R) 352-330-0220

2013 E Wonders St Wildwood, FL 34785

SafeLink Cell Phones (C) 1-800-723-3546 Online Services

United Way of Lake and Sumter County Family Stability Services (R, ED) 352-460-4360 32644 Blossom Lane Leesburg, FI 34788

Health Department Programs

Sharps Disposal

The Sumter County Health Department Sharps Disposal Program was designed as a community service to assist the residents of Sumter County with a safe and environmentally sound method for disposing of used needles or sharps.

- Visit one of the disposal sites listed below during normal business hours to obtain a sharps container for a minimal fee (Small - \$4, Medium - \$5, Large - \$7).
- Dispose of your used sharps into the container in accordance with the instructions provided. Keep it out of the reach of children.
- When the container is approximately full, permanently close the top following the directions on the container.
- Once closed, return the filled sharps container to any one of the participating disposal sites for proper disposal.
- Obtain a new sharps container.

Please Note: Your cooperation is essential to the success of this program. In order for the program to run smoothly, it is important that you adhere to the following guidelines:

- Do not bring sharps to the disposal site in anything other than the approved sharps container obtained from the site.
- Always make sure your container is properly sealed. The disposal site has the right to refuse any improperly packaged containers in order to protect the safety of their employees.
- When disposing of your filled sharps container; always give the container to authorized personnel. Never leave the container unattended.

Sumter County Health Department Disposal Locations:

Bushnell 352-569-3102 415 E Noble Ave

Wildwood 352-689-6520 104 Rutland St

The Villages 352-689-4675 8015 CR C-466

Health Department Programs

Sumter M.O.M.S. (Making Our Mothers Stronger)

Sumter M.O.M.S. is a free program brought to you by the Florida Department of Health in Sumter County. The event is not your typical classroom setting. Instead you are encouraged to mingle with other participants and discuss many topics associated with pregnancy. Whether this is your first baby or you are a seasoned parent, this class is for you. participants guide the learning; open discussion is encouraged.

Topics include:

- 1st, 2nd, and 3rd Trimesters what to expect; nutrition; exercise and oral care; prenatal appointments and labs;
- Body changes; comfort measures; immunizations for baby and moms; preterm labor and pregnancy problems;
- Infection prevention; safety; positive parenting; tobacco, alcohol and drugs during pregnancy; post partum;
- Appointments and problems; breastfeeding all you ever wanted to know; SIDS (Sudden Infant Death Syndrome);
- Domestic violence and Shaken Baby Syndrome; car seat safety and CPR for infants and children

A registered nurse from the Health Department in Sumter County will be available to facilitate your questions.

If you or someone you know in Sumter County has a new little one coming, you wont want to miss this program.

Contact 352-569-3102 for more information.

Food Services

Food Pantries

Caring Hands Food and Clothing Ministry: First Baptist Church of Wildwood 352-748-2553 307 Hall St Wildwood, FL 34785

First Baptist Church of Bushnell: Hope Ministries Center 352-568-7729 5260 S US Hwy 301 Bushnell, FL 33513

First Baptist Church of Lake Panasoffkee: Sarah's Helping Hands 352-793-5510 802 N CR 470 PO Box 1495 Lake Panasoffkee, FL 33538

First United Methodist Church of Bushnell 352-793-3221 221 W Noble Ave Bushnell, FL 33513

Lake Panasoffkee United

Methodist Church 352-793-3438 589 N CR 470 Lake Panasoffkee, FL 33538

Salvation Army

352-568-2284 870 N Main St PO Box 25 Bushnell, FL 33513 Seeds of Hope: Wildwood Food Pantry 352-748-1275 300 Mason St Wildwood, FL 34785

St. Vincent de Paul Catholic Church 352-330-0220 1102 N Main St, Suite B Wildwood, FL 34785

Food Assistance Programs

ACCESS Florida: SNAP 1-866-762-2237 901 Industrial Dr, Suite 110 Wildwood, FL 34785

WIC: Bushnell 352-771-5559 415 E Noble Ave Bushnell, FL 33513

WIC: Wildwood 352-771-5559 104 Rutland St Wildwood, FL 34785

Home Delivered Meals

Mid Florida Community Services 352-793-6111 410 E Belt Ave Bushnell, FL 33513

North Lake Presbyterian Church: Operation Homebound 352-753-8484 975 Rolling Acres Rd The Villages, FL 32159

Food and Healthcare Services

Soup Kitchens

First Baptist Church of Lake Panasoffkee: Wednesday Dinners 352-793-5510 802 N CR 470, PO Box 1495 Lake Panasoffkee, FL 33538

Mid Florida Community Services

352-793-6111 410 E Belt Ave Bushnell, FL 33513

Bushnell Site 352-793-6111 407 East Belt Ave Bushnell, FL 33513

Lake Panasoffkee Site 352-793-2633 52 CR 527N Lake Panasoffkee, FL 33538

Sumterville Site 352-793-6111 2427 Hwy 301 Sumterville, FL 33585

Wildwood Site 352-748-3411 602 4th St Wildwood, FL 34785

Wildwood Soup Kitchen at St. Vincent de Paul Parish 352-748-1008 203 Barwick St Wildwood, FL 34785

Clinics

441 Urgent Care Center *Brownwood* 352-693-2340 304 Heald Way Suite 204 The Villages, FL 32163

Summerfield 4669 E CR 44 Suite 101 Wildwood, FL 34785

Sumter Landing 910 Old Camp Road Suite 182 The Villages, FL 32162

Clark Clinic

352-793-2441 212 S Florida St Bushnell, FL 33513

Langley Health Services 352-793-5800 1425 S US Hwy 301 Sumterville, FL 33585

Lazarus Free Medical Clinic 352-748-4567 210 Wonders St Wildwood, FL 34785

Promise Hospital of Florida at the Villages 352-689-6400 5050 CR 472 Oxford, FL 34484

Health Department Programs

Health Wise Prize

Health Wise Prize is the first public health-based knowledge competition, developed by Sumter County Health Department to highlight the importance of public health. The program also focuses on creating awareness among Sumter County students on a variety of public health topics and possible careers within public health. It is established in partnership with Lake Sumter State College, the Sumter County School District, and United Way of Lake and Sumter.

To showcase and celebrate public health knowledge, teams of four students from the three Sumter County high schools (Grade 12th) compete on a challenging curriculum in front of a live audience. The winners receive a monetary prize of \$2000 and a beautiful trophy to display at their school. The first and second runner up receive \$1000 and \$400, respectively.

Contact 352-569-3147 for more information.



Health Education Presentations

- The Sumter County Health Department can provide free health education presentations customized for different audiences. Topics can include:
- Healthy Lifestyle: Learn the basics of nutrition and physical activity.
- Emergency Preparedness: What do you need in case of an emergency? Be ready by getting prepared.
- Emotional Wellbeing: Feel more balanced by recognizing your stressors and learning how to cope.
- Substance Use: Get the facts about tobacco, drugs, and alcohol and their effects on your health.
- Falls Prevention: Learn simple steps you can take to stay safe everyday.

Please contact: 352-569-3102

Health Department Programs

Sumter Molar Coaster

The Sumter Molar Coaster is a mobile dental office operated by the Sumter County Health Department that parks at your child's school and provides preventive dental services to second grade students.

Around the age of 7 years old, permanent adult molars have just come in and should be protected as soon as possible to prevent cavities. It includes free preventive services such as, a visual dental exam, sealants, fluoride treatment, and education to any second grade student that signs up.

Contact 352-569-3149 for more information.

Swim Safe Sumter

Swim Safe Sumter is a county-wide program provided during the summer months that offers low-cost swimming lessons to children 3 - 12 years of age. There are three types of classes offered:

Parent and Child Aquatics (only 3 years old) helps children to become more comfortable in the water while remaining in the security of their parents arms. This class requires a parent or guardian to accompany the child in the pool.

Preschool Aquatics (Ages 4-5) begins with basic skills, floating and moving through the water with support and continues to build on these skills until the child is able to swim independently or until the child reaches the age of 6 years.

Learn to Swim (Ages 6-12) begins with basic skills, floating and moving through the water with assistance. The child continues to build on these skills until he or she can swim independently advancing to individual strokes including front crawl, elementary backstroke, back crawl, breaststroke and more.

Lessons in the early levels emphasize skills to make the child both comfortable and safe in the water.

Contact 352-569-3149 for more information.

Healthcare Services

Sumter County Health Department 352-569-3102 415 E Bushnell Ave Bushnell, FL 33513

352-689-6520 104 Rutland St Wildwood, FL 34785

The Villages Regional

Hospital 352-751-8000 1451 El Camino Real The Villages, FL 32159

The Villages Health 352-205-4032

Belleview Care Center 5051 SE 110th St Belleview, FL 34420

Mulberry Care Center 8877 SE 165th Mulberry Ln The Villages, FL 32162

Santa Barbara Care Center 1575 Santa Barbara Blvd The Villages, FL 32159

Specialty Care 1400 US Hwy 441 N Suite 810 The Villages, FL 32159

Creekside Care Center 1050 Old Camp Rd Bldg 100 The Villages, FL 32162 *Pinellas Care Center* 2485 Pinellas Place The Villages, FL 32162

Colony Care Center 280 Farner Pl The Villages, FL 32163

Brownwood Care Center 2910 Brownwood Blvd The Villages, FL 32163

Counseling

Central Florida Counseling and Psychological Services 352-365-6506 270 Campbell Ave Villages, FL 32162

Central Florida

Psychology 352-365-2243 1050 Old Camp Rd The Villages, 32162

Children's Home Society *

352-732-1355 226 NE Sanchez Blvd Ocala, FL 34470 *Come to Sumter County to provide services*

Colony Counseling and Enrichment Center

352-259-5762 340 Heald Way, Suite 208 The Villages, FL 32163

Healthcare Services, Housing & Homeless Assistance

Counseling

GFC Family and Crisis Counseling 352-429-5600 319 W Seminole Ave Bushnell, FL 33513

LifeStream Behavior Center

352-793-4126 119 N Market St Bushnell, FL 33513

LifeStream Mobile Crisis Team *

352-446-2680 *Come to Sumter County to provide services*

Transition Life Consultants *

352-322-0576 *Provides services to the Villages and surrounding areas*

The Haven of Lake and Sumter Counties 352-793-5365 2748 County Road 470 Lake Panasoffkee, FL 33538

Women's Care

Hope Pregnancy Care Center 352-568-7729 5260 S US Hwy 301 Bushnell, FL 33513 Healthy Start 352-793-5900 Langley Health Services: 1425 S US 301 Sumterville, FL 33585

Housing and Homeless Assistance

The Refuge at Jumper Creek: Transitional Housing 352-568-8400 49120 SE 7th Dr Bushnell, FL 33513

Sumter County School District 352-793-2315 2680 W CR476 Bushnell, FL 33513

Sumter County School District:

Families in Transition

If your family lives in any of the following situations:

- In a shelter
- In a car, park, abandoned building, bus, or train station
- Doubled up with other people due to loss of housing or economic hardship
 Your school aged children

may qualify for certain rights and protections under the federal McKinney-Vento Act.

National and State Resources

State Resources

Born Drug Free Florida 1-800-945-1355

CONNECT 1-877-678-9355

Elder Helpline 1-800-963-5337

Employ Florida Marketplace www.employflorida.com

Florida Abuse Hotline Children & Elderly 1-800-962-2873

Florida Alcohol and Drug Abuse Hotline 1-844-244-3171

Florida Domestic Violence Hotline 1-800-500-1119

Florida Gambler's Anonymous 1-855-2CALLGA (855-222-5542)

Florida HIV/AIDS Hotlines

1-800-352-2437 English 1-800-243-7101 Haitian Creole 1-800-545-7432 Spanish

Florida KidCare

1-888-540-5437

Florida Missing/Endangered Persons Information Clearinghouse 1-888-FL-MISSING (1-888-356-4774)

LSF Access to Care 1-877-229-9098

Vision Services and National Resources

Vision Services

Florida Heiken Children's Vision Program 305-856-9830 1-888-996-9847 Contact to enroll your child's school

Lake Sumter Lions Club: Diabetes and Retinopathy Screenings

231-409-6579 : Jan Bassett janbassett075@gmail.com Contact for a group meeting place

Lake Sumter Lions Club: KidSight

319-325-3305 Chuck Legare cplegare@gmail.com Contact child's school to participate

National Resources

Alcohol & Drug Abuse Helpline 1-800-729-6686

Child Abuse Hotline 1-800-96-ABUSE (1-800-962-2873)

Crisis Text Line 741-741

Eating Disorder Awareness and Prevention 1-800-931-2237 National Helpline for Substance Abuse 1-800-262-2463

National Suicide Prevention Lifeline 1-800-273-8255

National Human Trafficking Hotline 1-888-373-7888 SMS: 233-733

National Sexual Assault Online Hotline Online.rainn.org 800-656-HOPE (4673)

National Suicide Prevention Lifeline 1-800-273-8255

National Youth Crisis Hotline 1-800-442-HOPE (1-800-442-4673)

Poison Control 1-800-222-1222

Runaway Hotline 1-800-RUNAWAY (1-800-786-2929)

The Trevor Project Lifeline for LGBTQ Youth in Crisis 1-866-488-7386

US Department of Veterans Affairs 877-424-3838

Pet Assistance and Special Needs Services

Pet Assistance

Planned Pethood Cares 352-568-9994 735 E CR 470 Lake Panasoffkee, FL 33538

YOUR Humane Society SPCA 352-793-9117 994 CR 529A Lake Panasoffkee, FL 33538

Special Needs Services

Agency for People with Disabilities 352-330-2749 901 Industrial Dr, Suite 100 Wildwood, FL 34785

Center for Autism Related

Disabilities - UCF * 325-434-8888 407-823-6012 12424 Research Pkwy Suite 365 Orlando, FL 32826

Community Legal Services of Mid Florida

352-726-8512 Helpline: 800-405-1417 106 N Osceola Ave Inverness, FL 34450 Early Steps - Easter Seals Northeast Central Florida * 352-323-0612 1300 Citizens Blvd Suite 300 Leesburg, FL 34748

FDLRS / Child Find * 407-317-3665 3130 Edgewater Dr Orlando, FL 32804

Florida School for the Deaf and the Blind * 904-827-2437 207 N San Marco Ave St. Augustine, FI 32084

New Vision for Independence * 352-435-5040 9051 US Hwy 441 Leesburg, FL 34788

SCARC

352-793-5156 213 W McCollum Ave Bushnell, FL 33513

Come to Sumter County to provide services

Thrift Stores, Training and Education

Thrift Stores

Bargains and Blessings 352-330-3333 301 N Main St Wildwood, FL 34785

First Baptist Church of Bushnell Hope Ministries Center 352-568-7729 5260 S US Hwy 301 Bushnell, FL 33513

Goodwill Superstore

352-643-2000 11954 CR 105 Oxford, FL 34484

Habitat for Humanity of

Lake-Sumter 352-330-0881 6761 CR 148 Wildwood, FL 34785

Our Mothers Attic

352-689-0128 115 S Main St Wildwood, FL 34785

Restoring Hope Thrift Store

352-748-1855 400 E Gulf Atlantic Hwy Wildwood, FL 34785

Sumter Youth Center Thrift Store

352-569-9383 930 N Main St Bushnell, FL 33513

Trainings and Education

E3 family Solutions: Cooperative Parenting Designed for parents in custody or visitation disputes 352-874-5296

E3 family Solutions: Equipping Youth Helping youth to make healthy choices 352-303-3885

Sumter C.A.P. Substance Abuse Education 352-603-4571

Sumter Career and Adult Education

GED testing 352-793-5719 1425 CR 256A Sumterville, FL 33585

Sumter County Health Department

Health Education (nutrition, physical activity, emotional health, falls prevention, car seats) 352-569-3102 415 E Noble Ave Bushnell, FL 33513

Sumter County Fire and EMS

Community risk reduction services (CPR, preparedness, fire safety, water safety) 352-689-4512 407-259-0424

Training and Education and Veterans Services

Sumter County Teen Court

Diversion program for first time offenders 352-569-6600 910 N Main St Room 142 Bushnell, FL 33513 Bushnell, FL 33513

The Haven of Lake and Sumter Counties

Domestic and Sexual Violence training 352-793-5365 2748 CR 470 Lake Panasoffkee, FL 33538

The Villages Health

Health related classes 352-205-4032

Veterans Services

Florida Veterans Legal Helpline 866-486-6161

Florida Veterans Support Line 1-844-MyFLVet

(1-844-693-5838)

National Veteran Crisis Hotline 1-800-273-8255, press 1

National VA Homeless Hotline 1-877-424-3838 Sumter County Veteran Services 352-689-4400 319 E Anderson Ave Bushnell, FL 33513

Sumter Veterans Office 352-689-4450 7375 Powell Rd Wildwood, FL 34785

The Villages VA Clinic

352-674-5000 8900 SE 165th Mulberry Ln The Villages, FL 32162

VA Caregiver Support Line 1-855-260-3274

VA Hotline on Health Care and Benefits for Women Veterans 1-855-VA-WOMEN (1-855-829-6636)

VA Health Benefits Call Center 877-222-VETS (877-222-8387)

Veterans Florida

veteransflorida.org Aides military veterans in the transition to civilian life and provides tools to take advantage of living and working in Florida